



EUROPEAN
PEER
TRAINING
ORGANISATION

Learning for
Well-being 
Youth Alliance

26-29 January 2013
European Youth Centre, BUDAPEST

NEW
DATE &
VENUE



PEER FORUM

PEER TRAINING, DIVERSITY, LEARNING FOR WELL-BEING.

A space to showcase peer training approaches and how they contribute to learning for well-being of young people in Europe.

A stimulating learning experience integrating the physical, emotional, mental and spiritual aspects.

An opportunity to cooperate with youth organisations and strengthen the quality of peer training



CALL FOR PARTICIPANTS AND WORKSHOP ANIMATORS

This activity is made possible thanks to the generous support of the European Youth Foundation of the Council of Europe and the Universal Education Foundation



THE CONTEXT

The first step in solving issues with others may start by recognizing what's common, what connects you regardless of your differences. We call that finding your 'peer factor'.

Young people and youth serving organizations having been running activities based on this very simple but powerful peer-to-peer connection to address issues connected to diversity, health, education, environment. In a nutshell, to encourage and support young people's learning for well-being.

Learning for Well-being is a process of learning how to realize one's unique potential through physical, emotional, mental and spiritual development in relation to self, others and the environment.

- If you want to know more about peer education: www.peertraining.eu
- If you want to know more about learning for well-being: www.learningforwellbeing.org

THE FORUM

In this first (of its kind) PEER FORUM we want to give centre stage to such peer training approaches and explore how they contribute to learning for well-being of children and youth in Europe.

Our intention with this event is to:

- Provide a space for young people and youth serving organizations to showcase peer training practices that are conducive to children and young people's learning for well-being
- Stimulate cooperation between different fields with a stake in young people's well-being (health, formal & non-formal education, environment, culture)
- Present EPTO's new face, plan and programmes that support youth serving organisations in doing quality peer training
- Generate a reflection on the role of youth in systemic change towards well-being for ALL, discussing themes such as:
 - instruments for influencing policy towards children & young people's well-being
 - strategies for creating intergenerational cooperation

THE PROGRAMME

We would like to 'practice what we preach' by exploring innovative ways of using peer training, as a method for mutual learning, with an approach that is experiential and encompasses the physical, emotional, mental and spiritual dimensions of learning.

Part of the programme will be carried by participants showcasing their approach on peer education, so if you are willing to share your peer-practice, do not forget to fill in the relevant part in the application form.

The programme will have the following components:

- Learning about:
 - > European Peer Training Organisation and Learning for Well-being partnership
 - > Youth activities of the Council of Europe and the Well-being for All initiative
 - > European organisations and their approach to peer training as contribution to young people learning for well-being
- Several tasters of peer training activities developed by EPTO addressing issues of inner and outer diversity:
 - > Patterns in Learning and Communication
 - > Gender and Sexual Orientation
 - > Religion
 - > Risk and Lifestyle
- Parallel workshops led by participants showcasing peer training approaches in the field of health, environment, diversity, personal development
- Discussion on the role of youth as partners in systemic change
- Choiceful Actions: Project and cooperation building for organisations
- Activities exploring movement and body awareness

THE PARTICIPANTS (YOU)

We are looking for enthusiastic participants who are...

- Aged 18 – 35
- Able to work in English fluently and available to attend the whole duration of the event
- Are resident in one of the countries mentioned in the travel conditions (see below)
- Using peer training as way to support learning for well-being of young people
- Would like to exchange practice with other young people and youth workers running peer training activities on different areas connected to well-being
- Would use the experience of this seminar to cooperate with others in Europe using peer training approaches
- Willing to showcase their peer training approach by running a session/workshop during the seminar

THIS EVENT IS FOR YOU!

WORKSHOP:

You may not feel able to facilitate a session but you may do a presentation explaining your approach to peer training. We expect a critical mass of proposals to create a truly stimulating exchange, so be daring. We are counting on you!

Not all workshops proposals will have a slot in the seminar. Selection will depend on diversity of methods and themes. You will be informed whether your workshop is selected and supported in its organization by our team.

THE ORGANIZERS

EPTO

The PEER FORUM is primarily organized by the European Peer Training Organisation (EPTO).

EPTO's vision is of a world where people enjoy learning from each other how to embrace their differences and realize their unique potential. Towards that vision, EPTO develops and promotes peer training.

EPTO is the only European youth organisation dedicated to peer training. It wishes to convene youth serving organisations and support their work in providing quality peer training; programmes that support the development of the whole young person and opportunities to collaborate within the youth field but also with other sectors and disciplines.

Learning for Well-being Youth Alliance

This event was planned in partnership with 4motion (LU), Power4Youth (EU), and representatives from CREED (RO), WAGGGS (UK) and 4Motion (LU) as part of Learning for Well-being Youth Alliance, EPTO facilitates this alliance, a space for young people and youth serving organisations who promote Learning for Well-being.

Learning for Well-being is a global initiative of partners that work together on the process of how each child and young person learns to realize their unique potential

It contributes to an inclusive society where more and more children and youth learn how to live a meaningful, joyful and healthy lives in harmony with themselves, family, friends, the community and the world at large.

SUPPORT

This event counts with the generous support of the European Youth Foundation of the Council of Europe who is celebrating its 40th anniversary this year and the Universal Education Foundation, who facilitates the Learning for Well-being global partnership.

Our vision joins the one of Council of Europe in achieving Well-being for All. Learning for Well-being is a path towards such vision.

THE PRACTICAL ARRANGEMENTS

DATE & TIME:

Start: January 26th, 2013 – 09:00

End: January 29th, 2013 – 22:00

ARRIVAL / DEPARTURE

You are expected to arrive at the European Youth Centre in Budapest until January 25th in the evening and depart January 30th.

VENUE:

European Youth Centre BUDAPEST,
Zivatar utca 1-3.
H-1024 BUDAPEST
HUNGARY

Tel: +36 1 438 1060 (Reception)

Fax: +36 1 212 4107 (Reception)

[Click here for more information about the centre.](#)

TRAVEL AND EXPENSES

[Click here to find your way to the centre](#)

EPTO covers 60% of all travel costs from your home to the training venue and home again (cheapest possible means: APEX Airfare, 2nd class Train ticket). The 60% will be reimbursed after the training by completing a reimbursement form to send back to EPTO office within one month after the conference with all the original tickets and boarding passes.

ONLY people resident in one of the member states of the Council of Europe are eligible to participate in this event. All other applications will be discarded,

All other expenses related to accommodation, meals, and training materials during the seminar are covered by the European Youth Foundation via EPTO.

There won't be much time in the conference's programme for visiting the city/country, so if you want to profit from being in Budapest, you can also come earlier or leave later than the starting/ending days and times of the conference. No extra night would be covered by the organisers.

APPLY NOW!

The application period is open until December, 14. We will contact you back as we review the applications.

The application form can be filled in online.

Please [click or copy the complicated link below to your browser:](#)

<https://docs.google.com/spreadsheet/viewform?formkey=dEQ2cGxZa2hjQUZYaUxJZVU0Vm9CZ2c6MA#gid=0>

Your application will be reviewed by the organizers. Once your application is accepted, you will receive a notice by email. More information with all the details related to the agenda and how to prepare for the event will be sent closer to the event date.

Once your application is accepted:

Make a preliminary booking for your train or flight tickets as soon as possible to keep the travel costs low.

Send us your booking schedule and price for approval. We have limit amounts for reimbursement but they are flexible depending on the overall reimbursement requests.

CONTACTS:

EPTO Office
Rue Amedee Lynen 8
1210 Brussels
Belgium
events@epto.org
www.epto.org
Tel.: +32 (0)2 340 96 24